

Nuffield School for the Deaf and Blind, Kaithady, Sri Lanka

Meal Donations

Nuffield School for the Deaf and Blind is a charitable organization, established in 1956 and now has **124** (Changeable) students who are either sight or hearing impaired. They are educated, provided accommodation, food and clothing and looked after entirely free of charge. We depend on financial and other types of help from well-wishers to run the school.

The mission of the school is to provide a professionally managed service, using quality trained staff, appropriate technology and methods to facilitate and enable those lives that have been placed in our care to successfully progress from handicapped dependents to self-managing contributors in society.

Food is an essential part of everyone's lives. It gives us the energy and nutrients to grow and develop, be healthy and active.

This appeal is to those generous people, who would like to bring a little joy into the lives of these innocent children by donating a meal. What better way is there to celebrate a child's birthday or remember a dear departed one?

To donate a meal contact the School Office

Address	:- Nuffield School for the Deaf and Blind, Kaithady, Sri Lanka.
Office Tel	:- 0212232202
WhatsApp	:- 077-2527256
Meal Coordinator	:- 076-2665915
Email	:- donationnuffield@gmail.com

The bank details are as follows:

Bank A/C Name	: Nuffield School (CCFC)
Bank Name	: Commercial Bank, Main Branch, Jaffna.
Account No	: 1060013478
Bank Address	: Hospital Road, Jaffna
Swift Code	: CCEYLKLX

The school is an Approved Charity (Charity Reg. No. 10411 Of 06-06-1952) and your contributions can be tax deducted. You can pay the cost of chosen meals to the school or pay any amount into the school Bank Account and inform the school giving your name and address. Receipts will be given directly, emailed or posted to you.

Cost of Meals

Breakfast

Monday	Chickpeas	12,000
Tuesday	Cowpea	13,000
Wednesday	Milk rice, Sambol	9,000
Thursday	Aval	5,000
Friday	Green gram	13,000
Saturday	Milk kanchi	7,500
Sunday	Bread, Sambol	15,000

Lunch

Monday	Rice, 2 Vegetables, Chicken, Banana	34,000
Tuesday	Kulasatham, Paaysam, Banana	20,000
Wednesday	Rice, 2 Vegetables, Chicken, Banana	34,000
Thursday	Rice, 2 Vegetables, Fish/ Cuttle fish, Banana	34,000
Friday	Rice, 2 Vegetables, Banana, Papadam	20,000
Saturday	Rice, 2 Vegetables, Prawn/ Fish, Banana	34,000
Sunday	Samba Rice, 2 Vegetables, Beef/ Egg, Banana	42,000

<u>Special</u>	Veg. fried rice	
	Veg. fried rice - 2 Vegetables, Pappadam, Banana	24,000
	Chicken fried rice	
	Chicken fried rice - 2 Vegetables, Chicken curry, Banana	50,000

Dinner

Monday	Noodles, Egg	11,000
Tuesday	Ravai uppuma, Venthaya curry	8,000
Wednesday	White pittu, Sprats curry	13,000
Thursday	Pittu, Egg curry	12,000
Friday	Bread, Soya curry	15,000
Saturday	Pittu, Egg omelets, Curry	9,000
Sunday	Hoppers	18,000
<u>Special</u>	Idly, Sambar, Sambol, Banana	20,000
	Pittu kottu, Potato fried, Banana	18,000
	Noodles, Chicken curry, Banana	18,000
	White pittu, Cuttlefish/ Prawn curry/ Chicken Banana	20,000

Desserts/ Tea

Black gram vadai	12,000	Payaasam	5,000
Kadalai vadai	8,000	Chick peas thuvaial	7,000
Cutlet	8,000	Mothakam	7,000
Milk tea	5,000	Saththu maa	8,000
Milo tea	6,000	Cake	16,000
Yoghurt	9,000	Ice cream	9,000
Sandwich	12,000	Plain tea	4,000
Fruit salad	12,000	Banana	2,000